

<p style="text-align: center;"><b>33rd ANNUAL GENESEO INVITATIONAL CROSS COUNTRY MEET</b></p>
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**PLACE:** Letchworth State Park, Mt. Morris, NY - Highbanks Recreation Area

**COURSE:** The course is basically flat with some gradual hills, grass, trails and road crossings. Spikes may be worn.

**DATE:** Saturday, October 1, 2011

<b>TIME:</b> Women	11AM	6000M
Men	Noon	8000M

**PARK FEES:** Letchworth Park is a N.Y.S Park and will charge a \$8.00 entry fee for all cars. Team buses will not have to pay but all spectators will. The park starts charging at 9:00am on Saturday so any spectators who wish to avoid the charge can arrive before 9:00am. Please let your fans know this. There is also an alternate entrance that can be found on the Atlantic Region website...  
<http://www.geneseotrack.com/regionals/2009/index.php?WP=1>

**ENTRY FEE:**

\$100.00 1 team

\$180.00 2 teams

\$15.00 individual or open athletes

**AWARDS:**

Women T-shirts to top 15 (not winning team)

Men T-shirts to top 15 (not winning team)

Team Winning team- Top 7 runners plus coach receive shirts

Plaque to each individual winner. Plaques to each winning team and runner up.

**SEND CHECKS AND ENTRIES TO:**

Mike Woods, XC Coach SUNY Geneseo

Merritt Athletic Center

1 College Circle

Geneseo, NY 14454

Make checks payable to: SUNY Geneseo Cross Country

**ENTRIES DUE NO LATER THAN MONDAY SEPTEMBER 26, 2011**

FAX TO: 585-245-5347 PHONE NUMBER: 585-245-5344

HOPE TO SEE YOU THERE ON OCTOBER 1st!